

LUNCHTIME

Traditional Spring Summer 2025 Allergy Free

Week 1



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Bacon, Beans, Wedges & Roast Tomatoes	Garlic Chicken Rice Salad with Mixed Greens	Roast Pork, New Potatoes, Cabbage, Carrots & Gravy	Tomato and Basil Chicken with Rice & Green Salad	BBQ Chicken Chips & Beans
Option 2	Sweet Potato Wedges with Sweet Chilli Roasted Veggies & Sweetcorn	Vegetable Bean Chilli with Rice & Mixed Greens	Mushroom & Sweet Potato Sausages, Cabbage, Carrots, New Potatoes & Gravy	Veggie Stir Fry with Rice & Green Salad	Veggie Bean Patty Chips & Beans
Pasta	Spaghetti Topped with Homemade Tomato Sauce Available daily				
Jacket Potatoes	Crispy Skin Jacket Potato with a choice of Baked Beans, Mild Chicken Korma or Veggie Bolognese				
Dessert	Apple & Orange Wedges	Jelly Selection	Chocolate Popcorn Bar	Strawberry and Pineapple Jelly	Rocket Lolly

Please ensure dishes in this menu are created using the relevant recipe book for this allergy diet.
Any dishes above without a orange background are the same as the core menu.



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Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Beef Bolognese with Spaghetti, Sweetcorn & Peas	BBQ Chicken with Paprika Wedges and Green Beans	Roast Gammon Skin on Roasties, Mixed Greens & Gravy	Meatballs Served with Mash, Carrots, Green Beans & Gravy	Sweet Chilli Chicken Chips & Beans
Option 2	Veggie Bolognese with Spaghetti, Sweetcorn & Peas	BBQ Beans with Paprika Wedges and Green Beans	Mushroom & Sweet Potato Sausages, Skin on Roasties, Mixed Greens & Gravy	Veggie Chinese Rice with Carrots & Green Bean	Veggie Bean Patty Chips & Beans
Pasta	Spaghetti Topped with Homemade Tomato Sauce Available daily				
Jacket Potatoes	Crispy Skin Jacket Potato with a choice of Baked Beans, Mild Chicken Korma or Veggie Bolognese				
Dessert	Pineapple Sticks	Watermelon Wedge	Rice Pudding & Jam	Apple & Orange Wedges	Rocket Lolly

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Week 3



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	Loaded Cajun Beef & Corn Potato Wedges served with Green Salad	Meatball Bake topped with Mash served with Green Beans	Roast Chicken, Skin on Roasties Served with Carrots, Peas & Gravy	Chilli Con Carne Served with Rice & Sweetcorn	BBQ Chicken, Chips & Beans
Option 2	Sweet Potato Coconut Bean Stew with Green Salad	Veggie Shepherds Pie Served with Green Beans	Mushroom & Sweet Potato Sausages, Skin on Roasties with Carrots, Peas & Gravy	Vegetable Ratatouille Served with Rice & Sweetcorn	Veggie Bean Patty Chips & Beans
Pasta	Spaghetti Topped with Homemade Tomato Sauce Available daily				
Jacket Potatoes	Crispy Skin Jacket Potato with a choice of Baked Beans, Mild Chicken Korma or Veggie Bolognese				
Dessert	Apple & Orange Wedges	Jelly Selection	Chocolate Mousse	Watermelon Wedges	Rocket Lolly

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