

WINTER MENU 2018/2019

WEEK ONE 2018 W/C - 29th Oct, 19th Nov, 10th Dec.
2019 W/C - 3rd Jan, 21st Jan, 11th Feb.

WEEK TWO 2018 W/C - 5th Nov, 26th Nov, 17th Dec.
2019 W/C - 7th Jan, 28th Jan.

WEEK THREE 2018 W/C - 12th Nov, 3rd Dec.
2019 W/C - 14th Jan, 4th Feb.

MONDAY

Organic 100% Beef Burger in a Wholegrain Bap (G,A*,Y)
Organic Veggie Burger in a Bap (G,E,D,A*)
Filled Jacket Potato
Oven Baked Potato Wedges (Frat Free)
Baked Beans, Homemade Coleslaw (M,E)
Chocolate Sponge with Chocolate Sauce (G,D,Y)
Fresh Fruit or Yoghurt (D)

TUESDAY

Chicken Casserole with a Sliced Potato Top (C,G,S)
Mixed Vegetable Casserole with Sliced Potato Top (C,G,S)
Filled Jacket Potato
New Potatoes
Cauliflower, Sweetcorn
50% Fruit Apple Crumble (G) with Custard (D)
Fresh Fruit or Yoghurt (D)

WEDNESDAY

Roast Turkey with Stuffing (C) & Gravy (C,G,S)
Veggie Grill (G,E,D)
Filled Jacket Potato
Roast/Mashed Potato
Cabbage, Carrots
Jelly with Topping (D), Bannoffee Pie (G,D)
Yoghurt (D)

THURSDAY

Beef Bolognese Wholegrain Pasta Bake (G)
Filled Jacket Potato
Garlic Bread (G,D*,S*)
Sweetcorn, Broccoli
Iced Cupcakes (G,E), Fruit Mousse (D)
Fresh Fruit Pots

FRIDAY

Omega 3 Cod Fish Fingers (F,G) or
Crispy Salmon Nuggets (F, G)
Cheese & Red Onion Tart (G,D,M,E)
Filled Jacket Potato
Chipped Potatoes or 1/2 Jacket Potato
Peas, Grilled Tomatoes
Cooks Choice Cookie (G,E)
Milkshake (D) or Fruit Juice
Fresh Fruit or Yoghurt (D)

MONDAY

Butchers Sausages (G,Y)
Veggie Sausages (G,S,Y)
Onion Gravy (C,G,S)
Filled Jacket Potato
Mashed Potato
Peas, Carrots
Lemon Sponge (G,E) with Custard (D)
Fresh Fruit or Yoghurt (D)

TUESDAY

Homemade Pizza Selection (G,D,E*,S)
Filled Jacket Potato
Jacket Wedges
Sweetcorn, Homemade Coleslaw (M,E)
Jelly and Ice Cream (D)
Fruit Pots & Yoghurt (D)

WEDNESDAY

Savoury Minced Beef & Tomato Pie (G,F,D)
Cheese & Spinach Stuffed Wrap (G,D)
with Provencale Sauce
Filled Jacket Potato
Roast/Mashed Potato
Carrots, Cabbage
Rice Pudding (D) with Jam Sauce
Fruit Mousse (D), Yoghurt (D)

THURSDAY

Chicken Koroma (C,Y)
Veggie Sausage & Bean Casserole with Rice (G,S,Y)
Filled Jacket Potato
Rice, Crusty Bread
Cauliflower and Sweetcorn
Fruit Shortcake (G) with Cream Topping (D)
Fresh Fruit or Yoghurt (D)

FRIDAY

Crispy Breaded Fish Fillet (F,G,D*,M*)
Cheesy Baked Bean & Vegetable Wrap (G)
Filled Jacket Potato
Chipped Potatoes or 1/2 Jacket Potato
Peas, Carrot Sticks
Crispy Cakes (G), Milkshake (D) or Fruit Juice
Fresh Fruit or Yoghurt (D)

MONDAY

Sweet & Sour Chicken with Fluffy Rice
Macaroni Cheese (D,G)
Filled Jacket Potato
Homemade Wholegrain Crunchy Bread (G,E*,S,D)
Peas, Carrot Roundels

50% Fruit Apple & Peach Crumble (C) with Custard (D)
Fruit Mousse (D), Fresh Fruit Pots

TUESDAY

Beef Lasagne
Vegetable Pasta (G) with Tomato Sauce
Filled Jacket Potato
Garlic Bread (G,D*,S*), Sauté Potatoes
Broccoli, Sweetcorn
Jaffa Orange Sponge (G,E,D) with Chocolate Sauce (D)
Fresh Fruit or Yoghurt (D)

WEDNESDAY

Roast Gammon with Gravy (C,G,S)
Cheese & Leek Pasty (C,D,E)
Filled Jacket Potato
Roast/Mashed Potato
Peas, Carrots & Swede Mash
Ice Cream (D) & Peaches
Fresh Fruit or Yoghurt (D)

THURSDAY

Chicken Coujous (C)
Veggie Nuggets (G)
Filled Jacket Potato
Crispy Oven Baked Potatoes (Frat Free)
Baked Beans, Homemade Coleslaw (M,E)
Fruit Jam Tart (G) with Custard (D)
Fresh Fruit or Yoghurt (D)

FRIDAY

Jumbo Fish Finger (F,G,D,M)
Vegetable Crown Pasty (G,D)
Filled Jacket Potato
Chipped Potatoes or 1/2 Jacket Potato
Garden Peas, Herby Tomatoes
Oat Cookie (G,E)
Milkshake (D) or Fruit Juice
Fresh Fruit or Yoghurt (D)

Served Daily – Low Fat Milk (D), 50/50 Wholemeal Homemade Bread (G,S,D*,E*), Fruit Pots, Yoghurts (D), Chilled Water.

Menus subject to change.



Only British meat used. No genetically modified ingredients knowingly used.